



SPRINGHILL MEDICAL CENTER

Physical Therapist Assistants

Department: Physical Therapy

FLSA Status: Exempt

Grade/Level:

Work Schedule:

Job Status: Full Time

Reports To: PT Director

Amount of Travel Required: No travel required

Positions Supervised:

None

POSITION SUMMARY

Assist physical therapists in providing physical therapy treatments and procedures. May, in accordance with State laws, assist in the development of treatment plans, carry out routine functions, document the progress of treatment, and modify specific treatments in accordance with patient status and within the scope of treatment plans established by a physical therapist. Generally requires formal training.

ESSENTIAL FUNCTIONS

Reasonable Accommodations Statement

To perform this job successfully, an individual must be able to perform each essential duty satisfactorily. Reasonable Accommodations may be made to enable qualified individuals with disabilities to perform the essential functions.

Essential Functions Statement(s)

- Instruct, motivate, safeguard, and assist patients as they practice exercises or functional activities.
- Observe patients during treatments to compile and evaluate data on their responses and progress and provide results to physical therapist in person or through progress notes.
- Confer with physical therapy staff or others to discuss and evaluate patient information for planning, modifying, or coordinating treatment.
- Transport patients to and from treatment areas, lifting and transferring them according to positioning requirements.
- Secure patients into or onto therapy equipment.
- Administer active or passive manual therapeutic exercises, therapeutic massage, aquatic physical therapy, or heat, light, sound, or electrical modality treatments, such as ultrasound.
- Communicate with or instruct caregivers or family members on patient therapeutic activities or treatment plans.
- Measure patients' range-of-joint motion, body parts, or vital signs to determine effects of treatments or for patient evaluations.
- Monitor operation of equipment and record use of equipment and administration of treatment.
- Fit patients for orthopedic braces, prostheses, or supportive devices, such as crutches.
- Train patients in the use of orthopedic braces, prostheses, or supportive devices.
- Clean work area and check and store equipment after treatment.

- Assist patients to dress, undress, or put on and remove supportive devices, such as braces, splints, or slings.
- Attend or conduct continuing education courses, seminars, or in-service activities.
- Perform clerical duties, such as taking inventory, ordering supplies, answering telephone, taking messages, or filling out forms.
- Administer traction to relieve neck or back pain, using intermittent or static traction equipment.

POSITION QUALIFICATIONS

Competency Statement(s)

- Active Listening - Ability to actively attend to, convey, and understand the comments and questions of others.
- Applied Learning - Ability to participate in needed learning activities in a way that makes the most of the learning experience.
- Customer Oriented - Ability to take care of the customers' needs while following company procedures.
- Diversity Oriented - Ability to work effectively with people regardless of their age, gender, race, ethnicity, religion, or job type.
- Empathetic - Ability to appreciate and be sensitive to the feelings of others.
- Ethical - Ability to demonstrate conduct conforming to a set of values and accepted standards.
- Safety Awareness - Ability to identify and correct conditions that affect employee safety.
- Communication, Oral - Ability to communicate effectively with others using the spoken word.
- Friendly - Ability to exhibit a cheerful demeanor toward others.
- Accuracy - Ability to perform work accurately and thoroughly.
- Communication, Written - Ability to communicate in writing clearly and concisely.

SKILLS & ABILITIES

Education : Associate's Degree (two year college or technical school)

Experience : No prior experience necessary

Computer Skills

Basic ability to use MS Word and Excel. Will train to use hospital software.

Certificates & Licenses

PTA Certification and Licensure

Other Requirements

PHYSICAL DEMANDS

Physical Demands		Lift/Carry	
Stand	F (Frequently)	10 lbs or less	F (Frequently)
Walk	F (Frequently)	11-20 lbs	F (Frequently)

Sit	F (Frequently)	21-50 lbs	O (Occasionally)
Handling / Fingering	F (Frequently)	51-100 lbs	O (Occasionally)
Reach Outward	F (Frequently)	Over 100 lbs	N (Not Applicable)
Reach Above Shoulder	F (Frequently)	Push/Pull	
Climb	N (Not Applicable)	12 lbs or less	F (Frequently)
Crawl	N (Not Applicable)	13-25 lbs	O (Occasionally)
Squat or Kneel	O (Occasionally)	26-40 lbs	O (Occasionally)
Bend	O (Occasionally)	41-100 lbs	O (Occasionally)

- N (Not Applicable) Activity is not applicable to this occupation.
- O (Occasionally) Occupation requires this activity up to 33% of the time (0 - 2.5+ hrs/day)
- F (Frequently) Occupation requires this activity from 33% - 66% of the time (2.5 - 5.5+ hrs/day)
- C (Constantly) Occupation requires this activity more than 66% of the time (5.5+ hrs/day)

Other Physical Requirements

- Vision (Near, Distance, Peripheral, Depth Perception)
- Sense of Sound (Must be able to hear and understand patients)
- Sense of Touch
- Ability to wear Personal Protective Equipment (PPE) (Gowns, Gloves, Eye Protection)

WORK ENVIRONMENT

Dry, with electrical and mechanical equipment

Employee Signature: _____ Date: _____

The Company has reviewed this job description to ensure that essential functions and basic duties have been included. It is intended to provide guidelines for job expectations and the employee's ability to perform the position described. It is not intended to be construed as an exhaustive list of all functions, responsibilities, skills and abilities. Additional functions and requirements may be assigned by supervisors as deemed appropriate. This document does not represent a contract of employment, and the Company reserves the right to change this job description and/or assign tasks for the employee to perform, as the Company may deem appropriate.